

BEYOND THE MIRACLE

SIERRA TUCSON
ALUMNI RELATIONS

JUNE 2017

MESSAGE from our Alumni Coordinator

Dear Alumni friend,

Splash splash, it's summertime! I feel like just yesterday, my husband and I were putting away our Christmas tree. Hard to believe, isn't it? The days often pass by so slowly, yet the months and years seem to fly by. The good news is, the 30th annual Sierra Tucson Alumni Retreat (S.T.A.R. 30) will be here before we know it! Online registration begins July 1, and you can book your hotel room at the Westward Look Wyndham Grand Resort and Spa in Tucson now. [Click here for more information](#)

"Embrace the Miracles" is the theme of our Retreat. This year, we not only celebrate the 30th anniversary of S.T.A.R., but we reflect on what each Miracle means in the grand scheme of recovery as well. Every one of us faces each day as it comes, strives to stay in the Solution, and demonstrates the willingness to take action. When we are healthy in mind, body, and spirit, we are able to help those who are hurting. It's the circle of life in recovery. And it's a beautiful thing.



Alumni Coordinators Courtney Martinez (left) and Alison Broderick (right)

Recently, I attended a recovery meeting in which a gentleman who has been sober for many years shared his experience, strength, and hope. He said that although he will always identify as an alcoholic, he now sees himself as a Miracle. Every day. That every day he doesn't pick up a drink is a Miracle. That every time he calls his sponsor is a Miracle. That every situation in which he applies the 12 Steps is a Miracle. "I am a Miracle," he proclaimed.

Yes, we are! We are Miracles. Magic is happening all around us; we must simply open our eyes, ears, and hearts to the amazing possibilities. I encourage you to wrap your arms around the gifts that recovery brings. Write about them in your gratitude journal. Give them away to someone who is struggling. And watch them return time and again.

When I think about the word embrace, I think of a big bear hug. The kind of hug that holds you so tightly and won't let go. The kind of hug that makes you feel safe. The kind of hug that shows how much you are loved. This year at S.T.A.R. 30, we will gladly embrace our Miracles and remind them that they are safe and they are loved.

Chorus from "Circle of Life" (Disney's *The Lion King*)

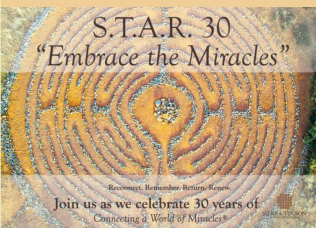
*It's the Circle of Life
And it moves us all
Through despair and hope
Through faith and love
Till we find our place
On the path unwinding
In the circle
The Circle of Life*

Let your Light shine bright,

Alison Broderick
Alumni Coordinator

SAVE THE DATE

Registration for the Sierra Tucson Alumni Retreat (S.T.A.R. 30)
begins on July 1, 2017!



HAVE YOU HEARD THE NEWS?

Last month, we revealed the exciting news about our ST Serenity Cam, and the response has been overwhelming! We're glad you love it as much as Alumni Relations does. The live webcam is now on our [website](#), too! Here's our recovery challenge to you: Every morning for the next week, visit the ST Serenity Cam and recite the Sierra Tucson Serenity Prayer. Let the healing power of the Santa Catalina Mountains work wonders in your life.



[CLICK HERE TO WATCH LIVE!](#)



ALUMNI GROUPS

[support](#)

Scottsdale, AZ
Chicago, IL
Boston, MA

[continuing care](#)

Phoenix, AZ
Los Angeles, CA
San Diego, CA
Newport Beach, CA
Denver, CO
Atlanta, GA - **NEW LOCATION!**
New York, NY - **NEW GROUP!**
Austin, TX
Dallas, TX

2017 ALUMNI WORLD TOUR

June 21 - [Kansas City Alumni Dinner](#) (Tim)
July 11 - [Dallas Family Member Alumni CC Group](#) (Tim)
July 12 - [Atlanta Alumni CC Group](#) (Alison)
July 13 - [Dallas Resident Alumni CC Group](#) (Tim)
July 20 - [Denver Alumni CC Group](#) (Tim)
July 20 - [Tucson Alumni Workshop](#) (Courtney)

Aug. 9 - [Atlanta Alumni CC Group](#) (Alison)
Aug. 12 - [Boston Alumni Workshop](#) (Alison)
Aug. 18 - [Austin Alumni CC Group](#) (Tim)
Aug. 19 - [Houston Alumni Workshop](#) (Tim)

Sept. 23 - [Southeast Alumni Renewal, Atlanta](#) (Alison, Tim)



CONGRATULATIONS

to each of you

Welcome with HUGE applause these

June 2017 Birthdays:

Three Years

Kathleen S. - Lexington, KY

Four Years

Joanne I. - Long Beach, CA
Marcy D. - Pittsburgh, PA

Five Years

Dan B. - Yardley, PA
Matt E. - Darien, CT

Seven Years

Linda T. - Clearwater, FL

Seventeen Years

Dave S. - Acton, CA

Twenty-Three Years

Camilla S. - Denmark

If you are celebrating a year or more of sobriety, abstinence, clean time, pain-free time, etc. in the month of July, please [send an email to Alison Broderick](#) that includes:

- First Name
- First Letter of Last Name
- City and State
- How Many Years You Are Celebrating

Sierra Tucson is ALL about Celebrating the Miracles!

ALUMNI RELATIONS TEAM

Tim McLeod
Alumni Relations Manager
Central Region
(866) 638-1650
Tim.McLeod@SierraTucson.com



Alison Broderick
Alumni Coordinator
Eastern Region
(620) 336-7061
Alison.Broderick@SierraTucson.com



Courtney Martinez, MS
Alumni Coordinator
Western/International Region
(520) 624-4000 Ext. 600205
Courtney.Martinez@SierraTucson.com



Stay Connected

