

CHIROPRACTIC CARE



SIERRA TUCSON®
Where Change Begins™



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Chiropractic Care

Chiropractic care focuses on the relationship between the body's structures, function and how that relationship affects the preservation and restoration of health.

Chiropractic care is most well-known for the hands-on technique to adjust imbalances in the patient's skeletal system, particularly the spine. While the main focus is on the spinal function, assessment of extra-spinal joints can also be addressed, as well as headaches and the consequences of traumatic brain injury.

Your Chiropractic Journey

At Sierra Tucson, our chiropractic doctors can diagnose and treat individuals whose health problems are associated with the body's muscular, nervous and skeletal systems. Interferences in these systems can impair normal functioning, cause pain, and lower disease resistance. Chiropractic care can aid in understanding the relationship between ones' physical and emotional state, thus maintaining holistic health.



**For more information
call 844-215-1400 or visit
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